

# Stromness Swimming Pool Timetable

**Monday 23 February - 3 April 2026**

0630 - 0800 Swim Club

**0800 - 0900 Lane Swimming**

**0900 - 0945 Aqua Aerobics/1 Lane Swimming**

**0945 - 1100 Wellness Session**

**1100 - 1200 Parents & Toddlers**

**1100 - 1200 Public Swimming**

1730 - 2000 Swim Club

## Tuesday

0900 - 1230 School Swimming

1330 - 1500 School Swimming

**1700 - 1830 Public Swimming (1 lane OASC)**

**1830 - 1930 Lane Swimming (1 lane OASC)**

1930 - 2100 Swim Club

## Wednesday

**0630 - 0730 Lane Swimming (2 Lanes OASC)**

**0730 - 0945 Lane Swimming**

**0945 - 1100 Wellness Session**

**1100 - 1200 Parents & Toddlers**

**1100 - 1200 Public Swimming**

**1200 - 1300 Lane Swimming**

1630 - 2030 Swim Club

## Thursday

1330 - 1500 School Swimming

**1545 - 1730 Learn to Swim**

**1730 - 1830 Public Swimming (1 lane OASC)**

**1830 - 1930 Lane Swimming (1 lane OASC)**

1930 - 2100 Swim Club

2100 - 2200 Octopush Club

## Friday

**0630 - 0730 Lane Swimming (2 Lanes OASC)**

**0730 - 0945 Lane Swimming**

**0945 - 1100 Wellness Session**

**1100 - 1200 Parents & Toddlers**

**1100 - 1200 Public Swimming**

**1200 - 1300 Lane Swimming**

1600 - 1730 Swim Club

**1730 - 1900 Public Swimming/Fun Session**

**1900 - 2030 Lane Swimming**

## Saturday

0630 - 0830 Swim Club

**0900 - 1200 Learn to Swim**

**1200 - 1300 Public Swimming + 2 Lanes**

**1400 - 1500 Lane Swimming (CANCELLED 14/03)**

**1500 - 1700 Public Swimming/Fun Session**

**(CANCELLED 14/03)**

**1700 - 1800 Lane Swimming**

## Sunday

**1200 - 1300 Lane Swimming (CANCELLED 01/03 & 15/03)**

**1300 - 1400 Public Swimming (CANCELLED 01/03 & 15/03)**

**1400 - 1600 Fun Session (CANCELLED 01/03 & 15/03)**

**1415 - 1530 Inflatable Session (01/03 ONLY)**

1600 - 1700 Swim Club Masters

1715 - 1815 Octopush Club

Sessions in **bold** are available to the public.

Learn To Swim Lessons require booking and placement on a waiting list - Please contact reception on:

01856 850552 or [stromness.pool@glow.orkneyschools.org.uk](mailto:stromness.pool@glow.orkneyschools.org.uk)