

Adult Social Care Services

The Council provides a range of social care services some which run over 24 hours per and others which are daytime Monday – Friday only. Set out below is a brief description of our service provision.

Older People's Residential Care

There are 3 care homes across the mainland, each care home prides itself on a warm friendly atmosphere where staff are always welcoming, friendly and willing to support both the resident and close family. We're committed to involving the important people in the lives of the people we support, family and friends, they are welcomed and encouraged to share their ideas and suggestions and to get involved in our home.

Every part of the care provided is personalised to each residents' exact needs, interests and preferences – no two residents are the same because we understand that everyone is different and unique. We take time to get to know our residents likes and dislikes and how they prefer to fill their day, we learn about their life story and the people and things that are important to them before creating a unique support plan and activities tailored to them. The role of the care worker is to support people with all aspects of daily living in a 'homely environment', using a re-ablement approach of doing 'with not for' to promote feelings of value, empowerment and self-worth.

All care staff employed have a requirement to register with the SSSC and have a period to gain their SVQ qualifications suited to their role. They are assessed in the workplace and delivered flexibly through Orkney College, this enables staff to work while learning and being assessed on their knowledge and competence in practice. All care staff are required to work over seven days and cover the full range of hours.

St Rognvald House, Kirkwall

This care home provides care for up to 40 older people on a permanent basis and 4 on a respite/holiday basis in a secure, relaxed and homely environment in which their care, wellbeing and comfort is of prime importance. This is the oldest of our care homes and is due to be replaced in the near future.

Smiddybrae House, Dounby

Smiddybrae is a residential care facility that accommodates and supports the elderly with dementia and physical frailty with 32 places in total. This care home is a modern building and has been built in wings of 7 or 8 places aiming to make the home seem more personal to each individual.

Hamnavoe House, Stromness

Hamnavoe House opened in January 2020 and replaced the old St Peter's House. Although the building can accommodate 40 service users at present only 30 places are open.

Supported Accommodation

There are three facilities which offer supported accommodation to older people in Orkney and one which offers supported accommodation to people with physical disability. These facilities are designed to enable people to continue to live in their own homes but with care provision and security being provided by twenty four hour staff on site who will visit to undertake scheduled personal care but also attend in the event of an urgent alarm call. We aim to provide a high standard of care in a warm, safe, and homely accommodation that is non-institutionalised in its environment and continue to build and maintain connections within the local community.

Kalisgarth Care Centre, Westray

The Kalisgarth Care Centre opened in 2005, there are now seven tenancies. Four services, namely Care at Home, Housing Support, Day-care, and respite/short breaks 'holiday' bed are provided. Whilst the services are primarily aimed at older people, they have over the years, been adapted to meet the needs of younger adults resident on the island as well, and for whom transport to/from the Orkney Mainland would be difficult for them to be able to attend more age specific available resources.

Braeburn Court, St Margaret's Hope

Braeburn has 12 tenancies and one short break facility. The aim is to provide a high standard of care in a warm, safe, and homely accommodation that is non-institutionalised in its environment and continue to build and maintain connections within the local community. Whilst primarily older people live in Braeburn the service is registered for any person meeting the criteria who is over sixteen.

Sunnybrae Centre (Very Sheltered Housing), Kirkwall

Sunnybrae Centre offers 24 tenancies. The aim remains the same and is to provide a high standard of care in a warm, safe, and homely accommodation that is non-institutionalised in its environment. As some of the tenancies have two bedrooms it is often the accommodation of choice for couples who both have social care needs.

Physical Disability Service

Glaitness Centre

The Glaitness Centre is located in Kirkwall and comprises of three services that offer support to people with physical and sensory impairments.

- A care home service offering short breaks or respite.
- A day centre service offering building-based day support.
- A supported accommodation service offering support to people living in their own homes.

The service aims to support people with a physical disability or sensory impairment to remain in their own homes in their local community by providing support that is flexible and respectful of their dignity and acknowledges their right to make informed choices in a respectful and responsive environment.

Day Care Centres

Older people's day care is provided on the mainland at Gilbertson and West Mainland day care centre and on Westray as part of Kalisgarth's services. Physical disability day care is provided within Glaitness Centre. These services provide day care to a range of older people and people with physical disability and operate (outwith the pandemic) on weekdays. Staff are not required to undertake evening or weekend work within these services. At the time of writing services are not operating as normal due to Covid-19 restrictions.

Learning Disability services

The All Age Learning Disability Service provides a Care Home Service (Short Breaks) and a combined Housing Support and Care at Home Services (Supported Living Network). Services can be provided to anyone 16 years and over who has a learning disability, has had an assessment of their needs completed and requires assistance with daily living. Care is provided twenty-four hours per day.

Short Breaks

The All Age Learning Disability Short Breaks Service aims to provide a flexible and responsive service to meet the needs of people with a Learning Disability and their family.

The All Age Learning Disability Short Breaks Service seeks to support:

- People living within the community with their family to have access to a regular short break to enable them to remain living with their family for as long as possible.
- People to develop a range of social and daily living skills to become more independent.
- People to experience a range of social experiences, opportunities and activities.

The Short Breaks Service provides people with the opportunity to have a residential based Short Break that enables them to have a break away from the family home. The Service supports people to gain and maintain independent skills, and to access community opportunities and activities, assist with all aspect of personal care and night support as required.

Supported Living Network (Housing Support, Care at Home)

There are currently 5 properties Housing Support Service properties. The service provides long term support and care as required including, managing people's tenancy in relation to security, maintenance and safety, the provision of assistance with personal care, accessing the community as well as domestic support. Accessing the Community includes support to access services such as shopping, transport, collecting medication, and cleaning pursuing activities of choice for example going out for lunch, swimming. Active support to maintain links with family, friends and their community and to employ private services if they choose to do so.

Care and support are provided twenty-four hours per day.

Learning Disability Day Service

We provide person centred services and opportunities for adults who are 18 and over with Learning Disabilities. The aim of the service is to provide flexibility, but most people choose to access their service and opportunities mainly between 09:00-17:00, Monday-Friday. We support individuals to achieve their outcomes and goals, working collaboratively alongside individuals towards their identified outcomes, supporting the things people wish to do and achieve in their lives.

There are two bases:

We have a modern, purpose built community based facility known as the Lifestyles Facility, attached to the Pickaquooy Leisure Centre in Kirkwall, working collaboratively towards achieving individuals outcomes in health and wellbeing, active lifestyles, communication, life-long learning, community inclusion, independence and leisure/recreational opportunities.

There is also a specially equipped building at St Colm's, Pickaquooy Road, Kirkwall. Focusing on ability we provide individuals with tailored Employability support, advice, choice and job-coaching to individuals who wish to develop their work skills and opportunities towards paid work.

Care at Home services

Care at homes services describe the provision of care within an individual's own home. This is generally done as scheduled visits however help can be called for via the Community Care Alarm. All care staff require professional registration with the Scottish Social Services Council (SSSC) and as part of this registration obtain a specified qualification in Health and Social Care (role dependent).

Care at Home Service

Provides care for those who wish to remain in their own home living as safely and independently as possible. The care and support provided is principally personal in nature such as assisting with washing and dressing/undressing, continence management, support with eating, mobility and administration of medicines.

There can also be some domestic support involved in caring for individuals which may include preparing meals and washing up, cleaning and tidying of kitchen and bathroom areas.

The service promotes a re-ablement ethos to promote individual's independence and supports around 200 people in Orkney 365 days of the year.

Mobile Community Responder Service

The team provide routine and emergency responder service for people in their own homes throughout mainland Orkney who have activated their care alarms, or whose alerts have been set in motion by telecare sensors. The service operates 24 hours a day 365 days a year and is available where there is no key holder, or where the responder service is the preferred option of the service user.

The team also install telecare equipment and ensure it is in good working order by conducting check visits to service users. During these visits they ensure the service user's details are up-to-date and accurate and assess for further equipment should there be a need identified.